

Multiple Choice Questions

Q1.

1. To increase fluid intake, he should be given thin buttermilk, fresh lime juice (without salt), thin clear soups, kokam sherbet, and encouraged to drink water, barley water, etc.
2. He should be given porridges made with milk along with either rice, semolina, sago, cornstarch, etc.
3. He must increase the intake of fruits since they will provide him fluids and potassium.
4. Foods that should be avoided by the patient are all foods rich in sodium such as ajino moto, soya sauce, papads, pickles, table salt, black salt, etc.
5. He must read the labels before consuming any processed foods.
6. Most importantly, he must consume good-quality proteins and FOLLOW THE DOCTOR'S ADVICE.

Read the above Case and answer the following question:

The following parameter is elevated in renal failure:

- | | |
|---------------|---------------------|
| A. Creatinine | B. Glucose |
| C. Uric acid | D. All of the above |

Q2.

1. To increase fluid intake, he should be given thin buttermilk, fresh lime juice (without salt), thin clear soups, kokam sherbet, and encouraged to drink water, barley water, etc.
2. He should be given porridges made with milk along with either rice, semolina, sago, cornstarch, etc.
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4. Foods that should be avoided by the patient are all foods rich in sodium such as ajino moto, soya sauce, papads, pickles, table salt, black salt, etc.
5. He must read the labels before consuming any processed foods.
6. Most importantly, he must consume good-quality proteins and FOLLOW THE DOCTOR'S ADVICE.

Read the above Case and answer the following question:

Chronic glomerulonephritis is characterized by:

- | | |
|-----------------|---------------------|
| A. Proteinuria | B. Haematuria |
| C. Hypertension | D. All of the above |

Q3.

1. To increase fluid intake, he should be given thin buttermilk, fresh lime juice (without salt), thin clear soups, kokam sherbet, and encouraged to drink water, barley water, etc.
2. He should be given porridges made with milk along with either rice, semolina, sago, cornstarch, etc.
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5. He must read the labels before consuming any processed foods.
6. Most importantly, he must consume good-quality proteins and FOLLOW THE DOCTOR'S ADVICE.

Read the above Case and answer the following question:

Mild sodium restriction means a diet having sodium content between:

- | | |
|-----------------|-----------------|
| A. 500–1000 mg | B. 1500–1800 mg |
| C. 2000–3000 mg | D. 1000–1500 mg |

Q4.

1. To increase fluid intake, he should be given thin buttermilk, fresh lime juice (without salt), thin clear soups, kokam sherbet, and encouraged to drink water, barley water, etc.
2. He should be given porridges made with milk along with either rice, semolina, sago, cornstarch, etc.
3. He must increase the intake of fruits since they will provide him fluids and potassium.
4. Foods that should be avoided by the patient are all foods rich in sodium such as ajino moto, soya sauce, papads, pickles, table salt, black salt, etc.
5. He must read the labels before consuming any processed foods.
6. Most importantly, he must consume good-quality proteins and FOLLOW THE DOCTOR'S ADVICE.

Read the above Case and answer the following question:

Renal calculi commonly affecting Indians are made up of:

- | | |
|--------------------|-----------------------|
| A. Calcium Oxalate | B. Uric acid |
| C. Xanthine | D. Magnesium sulphate |

Answer Key

1. (D) 2. (D) 3. (C) 4. (A)